

MASTERING CHANGE LOSS & TRANSITION

An Intensive

Our world and our lives are changing rapidly and we are all dealing with an unprecedented level of change on all levels of our lives. These changes will not stop or slow down.

How are we dealing with this level of change? Do we stay busy and keep moving so we don't have to feel? Do we put our head in the sand and ignore the facts? Do we numb out? Do we live in hope that over time, we'll start to feel better?

Mostly we keep moving--in our familiar patterns in a very unfamiliar world. We really haven't been taught how to manage change, loss and transition effectively.

What we need now is the capacity to be resilient and flexible in the face of whatever changes or losses are occurring. What if the changes in front of us are actually the invitation to become stronger and to access greater creativity?

These losses and changes can be a doorway to a once-in-a-lifetime opportunity, or a death blow to the possibility of your life.

There is a way of approaching these transitions that will give us the life force to create the lives that we deeply long for with each other.

Now is the time to move boldly into our lives, using these changes, losses and transitions for what they are intended to be: an opening for action and a freedom to be exactly who we are capable of being and nothing less.

Please join us for Mastering Change, Loss and Transition to explore a different way to more effectively approach the accelerated change in our lives.

Prerequisite: An initial assessment

Dates Offered: January 19, 20 & 21st 2012

Times: Thursday, Friday & Saturday 10:00-7:00p.m.

Tuition: Total Tuition: \$750.00
\$150.00 is a non-refundable deposit
\$600.00 balance due December 22nd

Location: The Taylor Group, Inc. Offices
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